

DEVELOPING THE YOUNG WORKFORCE



Rutherglen High School

MAY 2017

Skills for Learning, Life and Work

Second and third year pupils find out more about the skills they will need for **Learning, Life and Work**.

Teachers were asked to offer a class using skills other than in their subject specialist area and what a lot of talent there is hidden in Rutherglen High School!

Cycling Skills

Pupils learn the names and functions of the main parts of a bicycle and check that it is safe to use, they repair

bikes and learn to ride and control a bicycle safely.



Animation Skills

Stop-motion animation is a fun project where pupils choose a topic for their film, they then design their own film set. Pupils then learn how to shoot the sequences with a digital camera and then assemble the photographs into a short animated movie using Windows Movie Maker.



Gardening Skills

Gardening can be fun, interesting and useful as it can provide opportunities to learn a wide range of skills as well as participating in physical activity.



Crafts

Toy Making

Pupils are very creative and learn great hand eye co-ordination



Yoga & Yoga Therapy

Health and well-being is the main focus of this skills class where all activities will be calming and enjoyable.

Pupils will practice gentle twists, stretches, bends, postures, breathing techniques and therapy while listening to relaxing music.

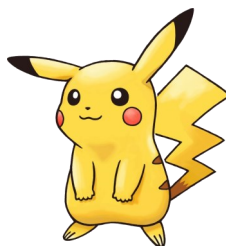
All the techniques learned will help them both in life and work to cope with stressful situations



“Pokemon Hunting”

Pupils “get on their feet, step outside and catch wild Pokemon” !

They get to know their local area as well as getting exercise. They also work together to complete the game.



Floristry

Learning to arrange flowers is great fun. Pupils learn that arranging flowers can be for pleasure as well as a career path.



Inter-Disciplinary Projects

S1,2 & 3 get the chance to choose different projects that last 8—10 weeks.

- Food Around The World— RME & HE help pupils learn about different cultures and cook dishes from different countries
- Song Writing — brings English and Music together where pupils enhance their writing and listening skills
- Board Games — PE & WOW show pupils that they can have fun without a computer/ lpad/phone, learn new games and work together to teach each other.
- Film Making— pupils plan and act out short movies using Drama and IT skills.
- Food for Fuel — PE and HE work together to make healthy food and learn how to burn off the calories with exercise.

